

1 TIMOTHY 4:6-10

INTRODUCTION TO THE CHRISTIAN DISCIPLINES

1. TRAINING NOT TRYING



2. WALKING THE TIGHT ROPE



3. TAKING THE OPPORTUNITY



QUESTIONS

- Have you ever really thought about practicing the disciplines before?
- Do you have a tendency to be legalistic about the disciplines? Or do you use them as a barometer for how well or badly you are doing in the Christian life? Have you ever looked down your nose at someone because they read, pray, fast or whatever else less than you do?
- Have you deliberately ignored the disciplines? Because of others legalism? Or your laziness? Or their difficulty?