

# THINGS THAT STOP US THRIVING - PART 1

### TEMPTATION









## REAL MEN

They shave with chainsaws



#### THINK...

- When am I most susceptible to temptation? What practical things can I do to avoid these situations?
  When they are unavoidable, what does my response tell me about my heart?
- Reflect on why Jesus is better than what sin offers Maybe you could use Ephesians 1:3-14 to do this
- Reflect on just how strong God is, perhaps you could use Psalm 91 to do that

#### PRAY...

- That God would expose the areas of your life he wants to transform
- That God will help you get tough on sin
- That God will help you to see the lies that sin tells when temptation comes

#### ACT...

- Meet as a Thrive group this week to discuss or start a conversation with your Thrive group about - how you want it to function - when you might meet, how to keep in touch etc
- Similar to last week, be willing to be vulnerable this week, bring hidden sin into the light share your struggles with someone else.