

HAMPER SUGGESTED SHOPPING LIST

If family of more than 4 - then bumper size or add 2 of some items

Box of Cereal eg Frosted Flakes
Box of Cereal eg Cheerios / Sugar Puffs
Granulated sugar
Teabags
Instant Coffee
Cadbury Instant Hot Chocolate Cocoa Powder
Juice to dilute
Pasta - eg Fusilli Pasta twists
Easy cook Rice
Jar Pasta sauce
Jar Curry sauce
Spaghetti in Tomato Sauce
Tomato Soup
Baked Beans in Tomato Sauce
Lancaster 8 Hot Dogs in Brine 400G
Creamed Rice Pudding
Ready in Serve Custard
Par baked bread rolls / baguettes
Mince Pies
Mcities Family Circle or Victoria Biscuits
Chocolate mini rolls
Multipack of Crisps
Pringles
Shower Gel
Hand Wash
Selection boxes / packets for each child
Baby wipes if children pre school

Children's Gift ideas £10-£12 each

Each child a practical gift (clothing and toy)

Practical item eg Hat / Scarf gloves or Pyjamas or Sweatshirt / Hoodies

Babies – Baby grows / vests

The last couple of years we have found Primark brilliant for hats/ sweatshirts / hoodies £4-£6

Toy Ideas

Jigsaws/ puzzles/ Stationary sets / Books / Craft sets - decorate your own bag / Lego

Older girls - nail varnish/ purses/cosmetic bags/ Nice smellies

Older boys – football/ World Guinness book / Board games/ Uno / Lynx set

Aldi/ Supermarkets/ The Entertainer - good for online too